

kingston upon hull
swimming club

Beverley Road Baths
Albert Avenue Pools
Ennerdale
East Hull Pools

KINGSTON UPON HULL SWIMMING CLUB

(Affiliated to ASA NER Region)

End of Season Short Course Meet 2019

Under ASA Laws & ASA Technical Rules

Licensed Level 3 Event [License Pending]

For entry into Regional and County Championships

Saturday 6th July 2019

Sunday 7th July 2019

Ennerdale Leisure Centre, Hull

Events

9 yrs,

50m, 100m and 200m all strokes
and 100m IM

10/11, 12/13, 14/15 & 16ov

50m, 100m and 200m all strokes
& 200m IM

Awards

9 yrs, 10/11 year olds
12/13, 14/15 and 16ov

Medals/Awards 1st - 3rd
Medals/Awards 1st - 3rd

Age as at: 7th July 2019
Closing Date: Sunday 2nd June 2019

General Information

Organisation

- The competition will be held under ASA Laws and ASA Technical Rules of Swimming.
- Age as at 7th July 2019.
- Over the top starts will be used at the discretion of the Lead Referee and Meet Management.
- Integrated heats (i.e. multiple age groups) will be seeded according to entry times.
- All events are Heat Declared Winners.

Venue

- Ennerdale Leisure Centre, Sutton Road, Hull, HU7 6EA.
- Free Parking

Pools

- 25m, 6 Lane Pool with anti-wave ropes.
- Wedge starting blocks.
- **Swim down pool** will be in operation throughout the meet.
- This facility will be withdrawn if abused. Vigilance over behavior in the swim down pool from coaches and team managers is expected.
- Mobile phones are not to be used for photography or filming on poolside.
- Over the top starts will be used at the discretion of the Lead Referee and Meet Management.

Footwear

- All Meet participants must observe the safety precautions in operation at Ennerdale Leisure Centre and **must wear footwear when leaving poolside.**

Timing

- Colorado Electronic timing will be used throughout the meet.

Session Times

- | | | |
|---------------------------------|----------------|--------------|
| • Saturday and Sunday Morning | Warm Up 8:00am | Start 9:00am |
| • Saturday and Sunday Afternoon | Warm Up 1:00pm | Start 2:00pm |

Age Groups

- Boys 9, 10/11, 12/13, 14/15, 16/Over.
- Girls 9, 10/11, 12/13, 14/15, 16/Over.

Individual Events

- **All ages 50m, 100m, 200m all strokes, 9yrs 100 IM, 10/OV 200 IM**
- **All events are Heat Declared Winners.**

Awards

- 9yrs, 10/11yrs Medals 1st – 3rd
- 12/13, 14/15, 16yrs & Over Medals 1st – 3rd
- Speeding Tickets for all who swim faster than the upper limit times by the following tolerances:
 - 1 second on 50m events
 - 2 seconds on 100m events
 - 3 seconds on 200m events

Coaches Passes

- **Coaches pass costs £20** this includes: admissions to all sessions, a program, start list, and a buffet lunch with refreshments. Results will be available online at the club website.

Entry Procedures and fees

All entries to be submitted using the Sports System file which will be available at www.kuhsc.co.uk

- All entries are **£6** per event and must be submitted electronically using the Sports System files provided.
- **Only small entries will be accepted without the sports systems entry file.**
- Entries must be no faster than the upper limit times.
- Entries will be accepted on a first come first served basis providing that the entry times submitted are within the upper limit times. It may be necessary to close entries prior to the official closing date.
- Poolside entries will be accepted if the meet is not full; at the discretion of the lead referee.

- **Send completed entry forms together with the requisite fees to:**
- **KUHSC, P.O BOX 776, Ennerdale Leisure Centre, Sutton Road, Hull,**
- **East Yorkshire, HU6 9YZ**

- **Or BACS PAYMENT HSBC, HULL JAMESON STREET**
- **SORT CODE – 40-25-49 ACCOUNT NO. 50118575**

PLEASE SEND/ E-MAIL AN 'ENTRY SUMMARY' TO kuhsopenmeets@gmail.com

- **Cheques made payable to: Kingston Upon Hull Swimming Club**

ENTRY CLOSING DATE: Sunday 2nd June 2019

Entry Cards

- This meet is cardless. All entry withdrawal forms must be presented to the recorders desk no later than 45 minutes before the start of each session.

Spectators

- Admission for spectators will be **£6 for the day.**
- Programs will cost **£4 each.**
- Users of any video, zoom or close range cameras must register their details at the entrance. Stickers will be issued, and must be worn at all times.
- No Photography is permitted on poolside (with exception to the KUHSC official photographer) or in the changing rooms at any point during the competition.

Swim Shop

- There will be a swim shop open throughout the meet.

Further Information

For further information, please contact Thomas Rhodes For further information, please contact: Thomas Rhodes 07800 881187 kuhsopenmeets@gmail.com

- Or you can visit our website and click on gala information www.kuhsc.co.uk

Any points not covered here will be at the discretion of the Promoter / meet organisers

UPPER CUT-OFF TIMES
Swimmers should be no faster than the ULT
(9yrs Age Group Have No ULT)

BOYS	BOYS	BOYS	BOYS	BOYS	EVENT	GIRLS	GIRLS	GIRLS	GIRLS	GIRLS
9	10/11	12/13	14/15	16&OV		9	10/11	12/13	14/15	16&OV
ULT	ULT	ULT	ULT	ULT		ULT	ULT	ULT	ULT	ULT
	30.00	28.00	27.00	24.00	50 FREE		31.00	30.00	28.00	27.00
	1.05.00	57.00	54.00	53.00	100 FREE		1.05.00	1.00.00	59.00	58.00
	2.19.00	2.04.00	1.58.00	1.56.00	200 FREE		2.20.00	2.10.00	2.07.00	2.06.00
	39.00	36.00	34.00	33.00	50 BREAST		39.00	37.00	35.00	34.00
	1.24.00	1.13.00	1.09.00	1.07.00	100 BREAST		1.23.00	1.17.00	1.15.00	1.14.00
	3.01.00	2.39.00	2.31.00	2.28.00	200 BREAST		2.59.00	2.45.00	2.42.00	2.41.00
	34.00	30.00	28.00	26.00	50 FLY		34.00	31.00	30.00	28.00
	1.15.00	1.04.00	1.00.00	58.00	100 FLY		1.14.00	1.07.00	1.06.00	1.05.00
	2.44.00	2.32.00	2.13.00	2.11.00	200 FLY		2.43.00	2.28.00	2.24.00	2.23.00
	35.00	31.00	29.00	27.00	50 BACK		34.00	32.00	30.00	29.00
	1.14.00	1.05.00	1.00.00	1.00.00	100 BACK		1.13.00	1.07.00	1.06.00	1.05.00
	2.36.00	2.19.00	2.11.00	2.10.00	200 BACK		2.36.00	2.25.00	2.21.00	2.20.00
					100 IM					
	2.39.00	2.22.00	2.14.00	2.11.00	200 IM		2.39.00	2.28.00	2.25.00	2.24.00

SCHEDULE OF EVENTS

End Of Season Short Course Level 3 Meet 2019

Age as at 7th July 2019

Saturday 6th July 2019

Session One
Warm Up 8am Start 9am

- 1. GIRLS 200m Free
- 2. BOYS 200m Back
- 3. GIRLS 50m Breast
- 4. BOYS 50m Fly
- 5. GIRLS 100m Back
- 6. BOYS 100m Breast

Saturday 6th July 2019

Session Two
Warm Up 1pm Start 2pm

- 7. GIRLS 200m IM (10yrs & Over)
- 8. GIRLS 100m IM (9yrs)
- 9. BOYS 200m Breast
- 10. GIRLS 50m Back
- 11. BOYS 50m Free
- 12. GIRLS 100m Free
- 13. BOYS 100m Fly
- 14. GIRLS 200m Fly

Sunday 7th July 2019

Session Three
Warm Up 8am Start 9am

- 15. BOYS 200m Free
- 16. GIRLS 200m Back
- 17. BOYS 50m Breast
- 18. GIRLS 50m Fly
- 19. BOYS 100m Back
- 20. GIRLS 100m Breast

Sunday 7th July 2019

Session Four
Warm Up 1pm Start 2pm

- 21. BOYS 200m IM (10yrs & Over)
- 22. BOYS 100m IM (9yrs)
- 23. GIRLS 200m Breast
- 24. BOYS 50m Back
- 25. GIRLS 50m Free
- 26. BOYS 100m Free
- 27. GIRLS 100m Fly
- 28. BOYS 200m Fly

A/B Easter Short Course Meet

Cash and Entry Summary

Club:

Contact name:

Tel. Number:

E-Mail Address:

This will be used to notify you when the draft program is available and to resolve any queries with the entries.

Individual Boys Entries @ £6 each - Sub – total £

Individual Girls Entries @ £6 each - Sub – total £

Coaches Passes @ £20.00 each - Sub – total £

GRAND TOTAL ENCLOSED £

Cheques should be made payable to **Kingston Upon Hull Swimming Club**, only one cheque per club.

Send requisite fees and 'Entry Summary' **must** be emailed or posted to:
KUHSC, P.O BOX 776, Ennerdale Leisure Centre, Sutton Road, Hull,
East Yorkshire, HU6 9YZ

Or BACS PAYMENT HSBC, HULL JAMESON STREET
SORT CODE – 40-25-49 ACCOUNT NO. 50118575

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OFFICIALS - WE WOULD APPRECIATE YOUR HELP

We need many officials to run a successful meet. If you are willing to officiate at our Regional Qualifier meet, could you please fill the form below and return it with your club entries.

We will contact you nearer the date confirming when we require your help.

Any help you give is very much appreciated. Expenses and a lunch will be provided for anyone willing to help for the day – expenses for Officials with no swimmer shall not be capped – those with a swimmer competing will be capped at £30 for travel expenses only.

Name	Address	Contact No./Email	Qualification

Reply to: **Nina Curran**

E-mail: ncurran@st-anthonys.hull.sch.uk